

# The Paw'fect Pairing

**Make Every Cuppa Count when you host a tea party, coffee morning or bake sale for Guide Dogs on April 19!**

To celebrate, we've partnered with food scientist, **Natalie Alibrandi**, to curate a special pairing menu of sweet and savoury snacks that perfectly compliment the UK's most loved teas.

## Teas

### Earl Grey

A black tea infused with bergamot oil, containing citrusy, floral notes.

pair  
with

### Peppermint

The activation of menthol provides a refreshing, cooling effect.

pair  
with

### Jasmine

Delicate floral aroma and a subtly sweet taste.

pair  
with

### English breakfast

Robust blend of black teas, known for full-bodied flavour.

pair  
with

### Rooibos (Red bush)

Fermented to bring out the red-brown colour & sweetish flavour.

pair  
with

### Oolong

Traditional Chinese tea from Camellia Sinensis leaves.

pair  
with

### Chai

Spiced blend with cinnamon, cardamom, ginger and cloves.

pair  
with

### Darjeeling

Floral black tea with fruity undertones; 'champagne of teas'.

pair  
with

## Snacks

### Lemon treats

Earl Grey pairs zestily with lemon cake, enhancing its aroma and cleansing the palate.

### Dark chocolate with chilli

Peppermint tea enriches dark chocolate and acts as a palate cleanser for spicy snacks.

### Coconut macarons

Jasmine tea complements pastries and subtly sweet or tart desserts, like coconut macarons.

### Biscuits

English breakfast tea enhances biscuits, without overpowering their sweetness or crunch.

### Mild, creamy cheeses & fruits

Rooibos tea harmonises with mild cheeses like cheddar, brie, or goat's cheese and fruits.

### Salami

Oolong tea counters high-fat snacks such as salami, making it a perfect pairing.

### Spiced carrot cake

Chai tea blends with spiced foods like carrot cake, elevating the warm, comforting flavours.

### Fruity treats

Darjeeling's floral notes enhance fruit treats like Victoria sponge, offering delicious harmony.

Choose your favourite combination – if there's a better excuse to get together over a cuppa we haven't heard it!



Head over to [guidedogs.org.uk/cuppa](https://www.guidedogs.org.uk/cuppa) to get your free fundraising pack today.

