



Thank you!

For being part of #TeamGuideDogs in the 100km Dog Walk in October Challenge.

This year 1,300 puppies will start their journey to become a guide dog.

And we need your help to turn these pups into partnerships. The guide dog service receives no government funding, we rely on donations to continue our life-changing work.



Let's get fundraising!

- **Head to** the 100km Dog Walk in October Facebook group and check out the pinned instructions at the top of the page.
- **Personalise** your fundraiser to reflect your story and motivations.
- **Share** your fundraising page across your social media with friends, family, neighbours & colleagues.
- **Share** updates on your challenge and post pictures of your progress tracker to show your supporters how dedicated you are.

Stay on track!

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Week Total
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Week Total
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21	Week Total
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28	Week Total
Day 29	Day 30	Day 31					Week Total
							Grand Total



Use this handy tracker to stay motivated and reach your goals.

How to pay in your donations

- If you use a **Facebook Fundraising** page then your donations are automatically transferred into our bank account
- **Over the phone** – Call us on 0345 143 0200 to make your donation over the phone by card
- **By cheque** – Please make payable to Guide Dogs and send in the post
- **At the bank** – Call us on 0345 143 0200 for details to pay via your bank into the Guide Dogs bank account

