



# Frank

**Frank's journey  
has begun!**

**Pupdate 1**

# Welcome to your June Pupdate

**I hope you're well and enjoying the longer days and warmer weather as we begin to welcome summer!**

We can't thank you enough for your continued commitment and support. Because of supporters like you, we've been able to create over 36,000 life-changing partnerships to date. That's more than 400 lives transformed each year for 93 years – and counting!

Did you know that 2 million people live with sight loss in the UK, and this number is set to double by 2050? We're committed to providing support to as many people as possible, for as long as that support is needed. With the cost of living continuing to rise, we appreciate your help now more than ever. Thank you so much for supporting Guide Dogs.

I'm pleased to share your sponsored puppy's latest Pupdate, and I hope you enjoy reading it.

Yours sincerely,

*Steph*

**Steph Potter**  
Puppy Sponsorship Manager



# Thank you

## for sponsoring Frank



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**Hello, it's  
Vibeke here,  
Frank's Puppy  
Raiser.**

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I started raising puppies for Guide Dogs in 2018 and Frank is my fourth puppy. I was coming up to retirement when I heard about Guide Dogs, thanks to a friend who took me to an event. One thing led to another, and soon I had a puppy in the house. Puppy raising is part of my life now; being entrusted with these precious little life changers is a massive privilege. What's more, Guide Dogs has given me the chance to make very good friends within the community.

### Settling in

I live with my husband and our pet dog, Sam, an 11-year-old black Labrador. Frank has wiggled his way into our hearts and our home. He's settled in extremely well; I slept downstairs close to his bed for two nights to help him feel at ease. After that, he was totally fine. Sam's presence is a huge advantage; it makes Frank feel at home. Frank and Sam get on very well! They often play together, and they're always gentle with each other which is so sweet, as Sam is an older dog.

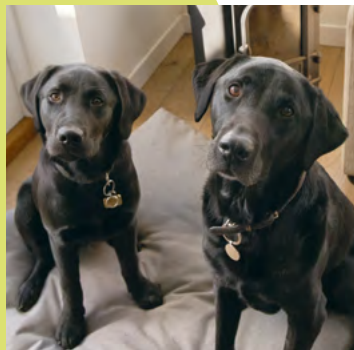
Frank has a big box of toys, and he likes to climb into it to find exactly which one he wants! His favourites are a floppy elephant and a colourful caterpillar; they're both squeaky and crinkly.

## Adventures in learning

Frank is a clever little boy with a calm personality. He respects the space at home and loves to learn new things. Frank started puppy classes. He's very friendly and wants to meet everyone, so he's learning not to be distracted by other puppies or people. I'm teaching him basic cues like 'sit', 'stand', 'down', and holding the position after each cue - this helps him learn to focus. Frank's food motivated, which is very helpful for learning with positive reinforcement. He absolutely adores receiving tasty rewards after he performs the cue correctly! Frank's food manners are great. It took a little time, but now he's very good at sitting and waiting patiently for his bowl of kibble to be ready. After I say 'okay', he will jump towards it!

I live in the countryside, and there are lovely areas for lead walks and safe free runs. Frank likes to explore the fields and watch the horses and wildlife living nearby. He has excellent recall because he knows that when he comes back, he'll get some food!

Frank enjoys meeting new people and loves my grandchildren. They know how to behave around a young puppy and treat him with care when they play. He gets excited when they come to visit, as they have the same level of energy!



Hear more about how Frank's settling in with Vibeke by scanning the QR code with your smartphone or going to

**[guidedogs.org.uk/puppy-frank](https://guidedogs.org.uk/puppy-frank)**



**Scan me**



## Looking forward

I'm excited to see what new adventures await Frank in the coming months. I'll be venturing into busier places, working on skills and cues, and introducing him to new sounds, sights, smells, and sensations.

**Thank you for sponsoring Frank. I can't wait to see him continue to learn and grow. Find out how he's getting on in your next Pupdate in October!**



## Where is Frank on his Pupdate journey?



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## Our volunteers

We wouldn't be able to train our life-changing dogs without the help of our volunteer puppy raisers and fosterers. Once our puppies are 7-8 weeks old, they will go to live with a puppy raiser. These wonderful volunteers provide a loving home and the vital foundation needed for the pup's future role. They introduce early training, socialisation, and a variety of new environments. After 12-16 months, our dogs move on to training school, where they learn guiding skills. Evenings and weekends are usually spent with our fantastic fosterers who care for the dog, reinforce training, and drop them off to training school each day! **To find out more about volunteering, please visit [guidedogs.org.uk/GDvolunteer](https://guidedogs.org.uk/GDvolunteer).**



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