



Guide  
Dogs

Sponsor  
a Puppy



# Lola

Lola takes everything  
in her stride

Pupdate 3

# Welcome to your February Pupdate

**I do hope you and your family had a lovely Christmas and New Year.**

As we try to return to normality and adapt to the new world that we find ourselves in following the turbulence of the last two years, our wonderful trainers and volunteer puppy raisers have dedicated themselves to helping our puppies on their journeys to become life-changing guide dogs. They continue to learn and progress, and we're so proud of how they have been doing in their training so far, and we're excited to find out where they'll go next. I hope that you enjoy your Pupdate, finding out what your wonderful puppy has been up to for the last few months.

I'd like to thank you so much for supporting us by sponsoring a puppy. We need people like you to be able to change the lives of people with sight loss, and we couldn't be Guide Dogs without you.

Yours sincerely,



**Chris Allum**

Puppy Sponsorship Manager



# Thank you

## for sponsoring Lola



**“Hello, it’s  
Dianne here;  
Lola’s Puppy  
Raiser. I’m  
excited to  
share her  
progress  
with you!”**

Lola is an absolute pleasure to have around. She is such a happy pup and loves playtime. Her playfulness is infectious! Her new favourite toy is a pink furry pig, which I gave her for her birthday. She absolutely adores it and enjoys a good game of fetch with it. Whilst many dogs would get bored after a while, Lola can go on playing for ages; it doesn’t take much to entertain her.

Lola has been in season recently, so we’ve been spending a lot of time at home practising her social skills and providing her with lots of enrichment activities, such as snuffle mats. Food is hidden within a mat that has long fleece strips attached. This encourages her to find the food by sniffing it out and makes it a fun and rewarding activity for her. Before her season, she and I were going out lots and now that she’s finished, we’ll be gradually getting out and about once more.

### **Preparing for training school**

I’ve been working with Lola to prepare her for training school, and I’m really pleased with her progress.



She now travels by bus regularly and has no problems with this at all. She's also happy to travel by car and jumps in and out easily. She's such a good girl! We've been on a train once and she was beautifully behaved; not at all bothered by the strange sounds or new environment.

Lola and I have been continuing to visit new places. We regularly travel to a nearby town to explore unfamiliar sights and scents, and she takes this all in her stride. She walks confidently on the lead and seems to enjoy taking in her surroundings.

Lola does tend to get excited when meeting new people, so I've been working on teaching her to remain calm and keep all four paws on the ground! I've been leaving her alone when she's excitable and then rewarding her when she's calm. This seems to be working well and she's making steady progress. She's less fidgety when in public but likes to have something to do or look at, otherwise she can get bored. I'll be continuing to work on this with her in the coming months.



See the progress that Lola has been making in new environments:  
**[guidedogs.org.uk/puppy-lola](https://guidedogs.org.uk/puppy-lola)**

## Looking to the future

I am confident that Lola has a bright future ahead of her. I would love for her to be paired with someone who has the patience and the desire to play with her lots! She is so confident when out and about and I think she will be a fantastic companion to someone with a busy lifestyle. Lola has so much to give, and I can't wait to see how she will change someone's life for the better.

Lola is one of the most affectionate dogs that I have had the pleasure of raising. I will certainly miss her when she goes to training school, but I feel privileged to be a part of her journey.

**Thank you so much for sponsoring Lola. Look out for your next Pupdate to find out how she progresses!**





Thanks to your amazing support, you are helping puppies like Lola move to training school and learn from our guide dog trainers, who will teach them the specialist skills they need as fully qualified guide dogs.

**Your sponsorship donations contribute towards equipment for a new pup in training, costs which can include:**

**£8** A collar for a working guide dog.

**£18** A harness handle.

**£25** An hour's training for a guide dog.

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