



# Volunteer with us

Help bring us closer to a future where every person with sight loss has the confidence and support to live the life they choose.

We offer so many different volunteering opportunities, there really is something for everyone.

Our community of volunteers speak passionately about the benefits of volunteering with Guide Dogs – from improving their own fitness and mental wellbeing, to learning new skills and building confidence. Many have formed lifelong friendships through their volunteering activities.

There is a volunteering role just for you – here is a selection of some of the activities you could get involved in:

- **Puppy walker:** raise one of our puppies before they begin their incredible Guide Dogs journey.
- **Fundraiser:** organise local fundraising events and activities.
- **Boarder:** provide care and support for our growing dogs as they undergo training.
- **Sighted guide:** provide sighted guide assistance on a regular basis to someone living with sight loss.
- **Campaigner:** raise awareness of issues affecting people with sight loss and take action in your local area.
- **Speaker:** spread the word about Guide Dogs at a range of local events.





# Give time

We're a volunteer community of thousands, going above and beyond every single day.

It takes over 18.5 million hours to support and deliver our services each year.\*

Many of our volunteers take on more than one volunteering role. That's dedication.

If you would like to help us deliver our life-changing services, we'd love to hear from you.

\*when we include our dogs that live with volunteers.

Get in contact here:  
[guidedogs.org.uk/volunteer](https://www.guidedogs.org.uk/volunteer)

### Get in touch

You can call our volunteering office 9am-5pm, Monday to Friday.  
**0345 143 0191**

Alternatively, tear off the strip below and send to: **Guide Dogs, Volunteering Office, Gibfield Park Avenue, Atherton, Manchester, Lancashire, M46 OSU**

This information will be used to contact you regarding volunteer opportunities.



Name \_\_\_\_\_

Email address \_\_\_\_\_

Preferred telephone number \_\_\_\_\_

Postcode \_\_\_\_\_

I/We are interested in the following roles (please tick  all of interest):

- Puppy walker    Sighted guide    Campaigner    Fundraiser    Speaker    Boarder

Interested in something else? Tell us here \_\_\_\_\_