

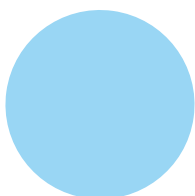
Sock-o-Meter

Keep track of all your steps here:

My Goal _____ steps

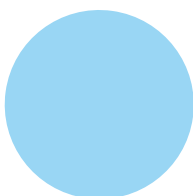
Daily Steps

Day 1



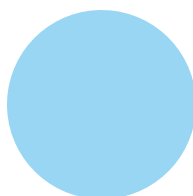
steps

Day 2



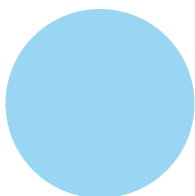
steps

Day 3



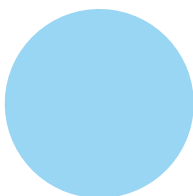
steps

Day 4



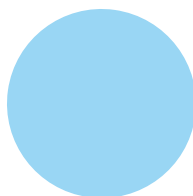
steps

Day 5



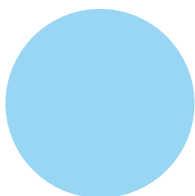
steps

Day 6



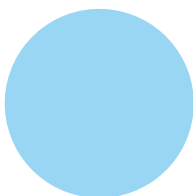
steps

Day 7



steps

Extra



steps



Your steps can transform lives

Running total

Grand total

Day 7

Day 6

Day 5

Day 4

Day 3

Day 2

Day 1

**Walk Your
Socks Off**