



Sock-O-Meter

Keep track of
your steps as you
Walk Your Socks Off
and get closer to
your step goal!

My step goal is

Running total

Grand total

Day 7

Day 6

Day 5

Day 4

Day 3

Day 2

Day 1

Extra days

_____ steps

Day 7

_____ steps

Day 6

_____ steps

Day 5

_____ steps

Day 4

_____ steps

Day 3

_____ steps

Day 2

_____ steps

Day 1

_____ steps



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