



Gwasanaethau Cymorth  
Cyfathrebu a Synhwyrdd  
Sensory & Communication  
Support Service

# Self-Advocacy and Wellbeing Programme Resources

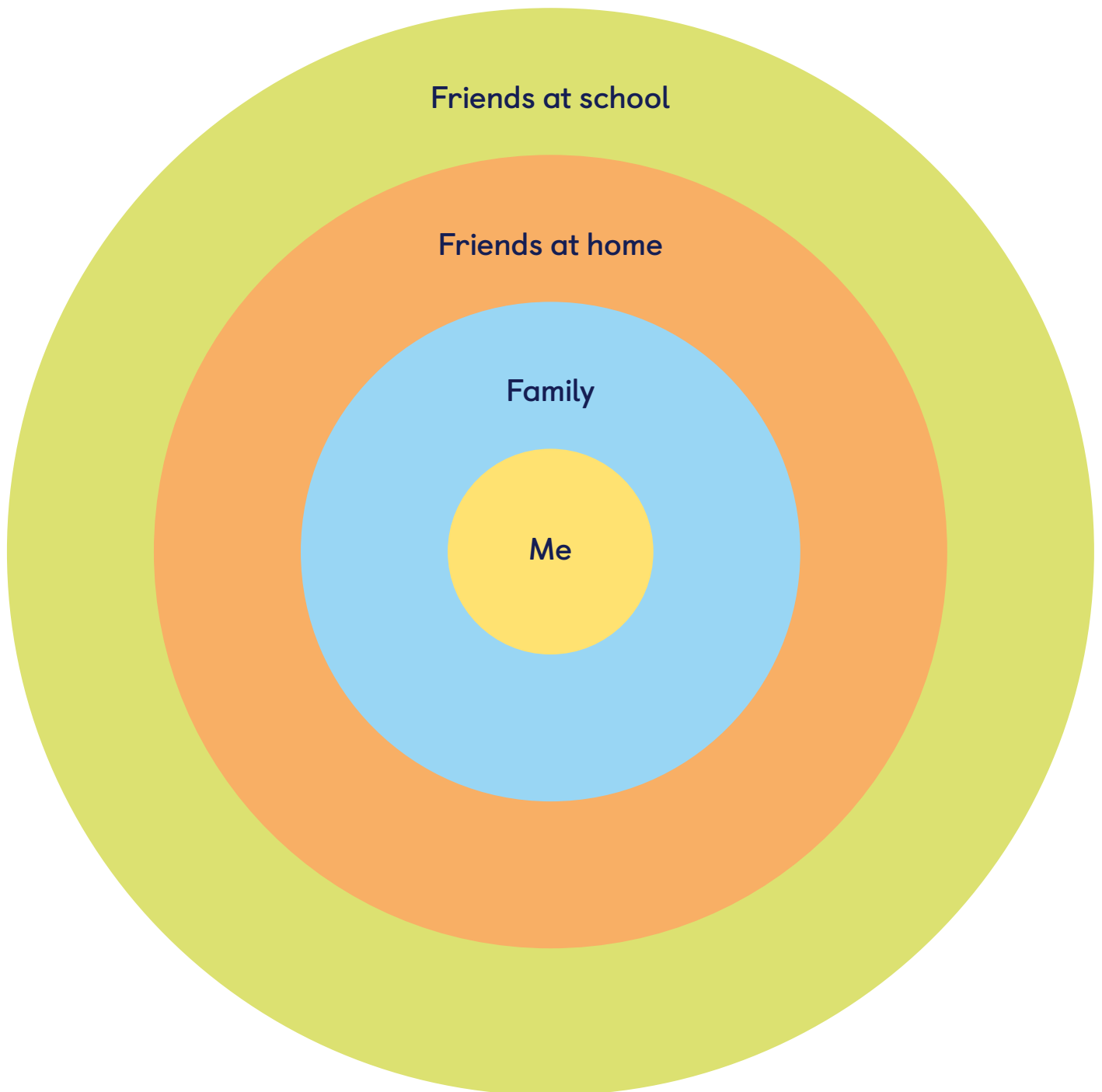


Sensory & Communication Support Service in partnership with:



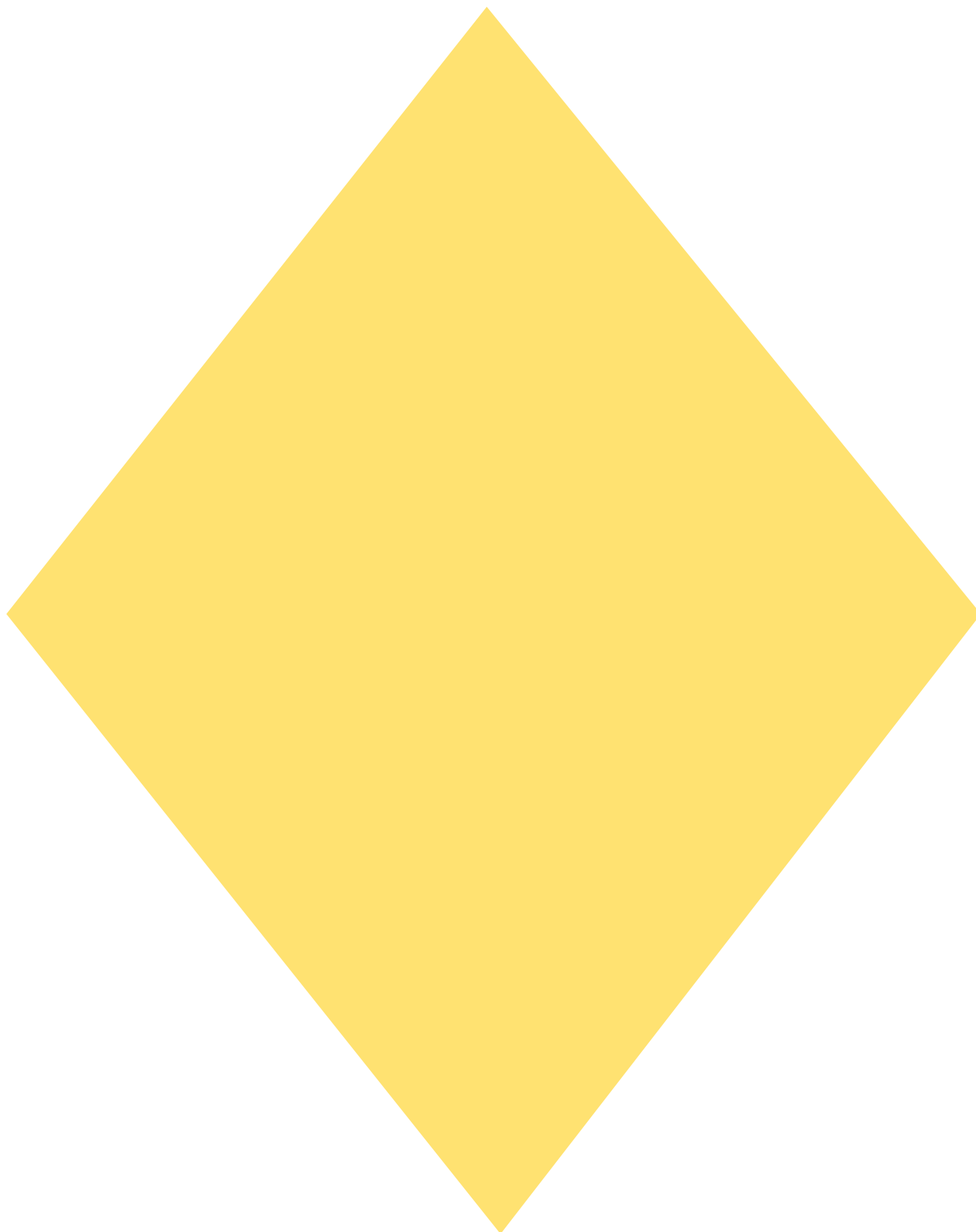
## 2.Friendships – Activity 1

### Circle of care



## 2. Friendships – Activity 2

### Friendship Diamond



## Friendship Diamond statements

Being a good listener

Good at sharing

Kind to others

Good at reading

Well behaved

Likes to talk to me

Hard working

Polite

Always happy

Helpful

Good at sports

Tidy

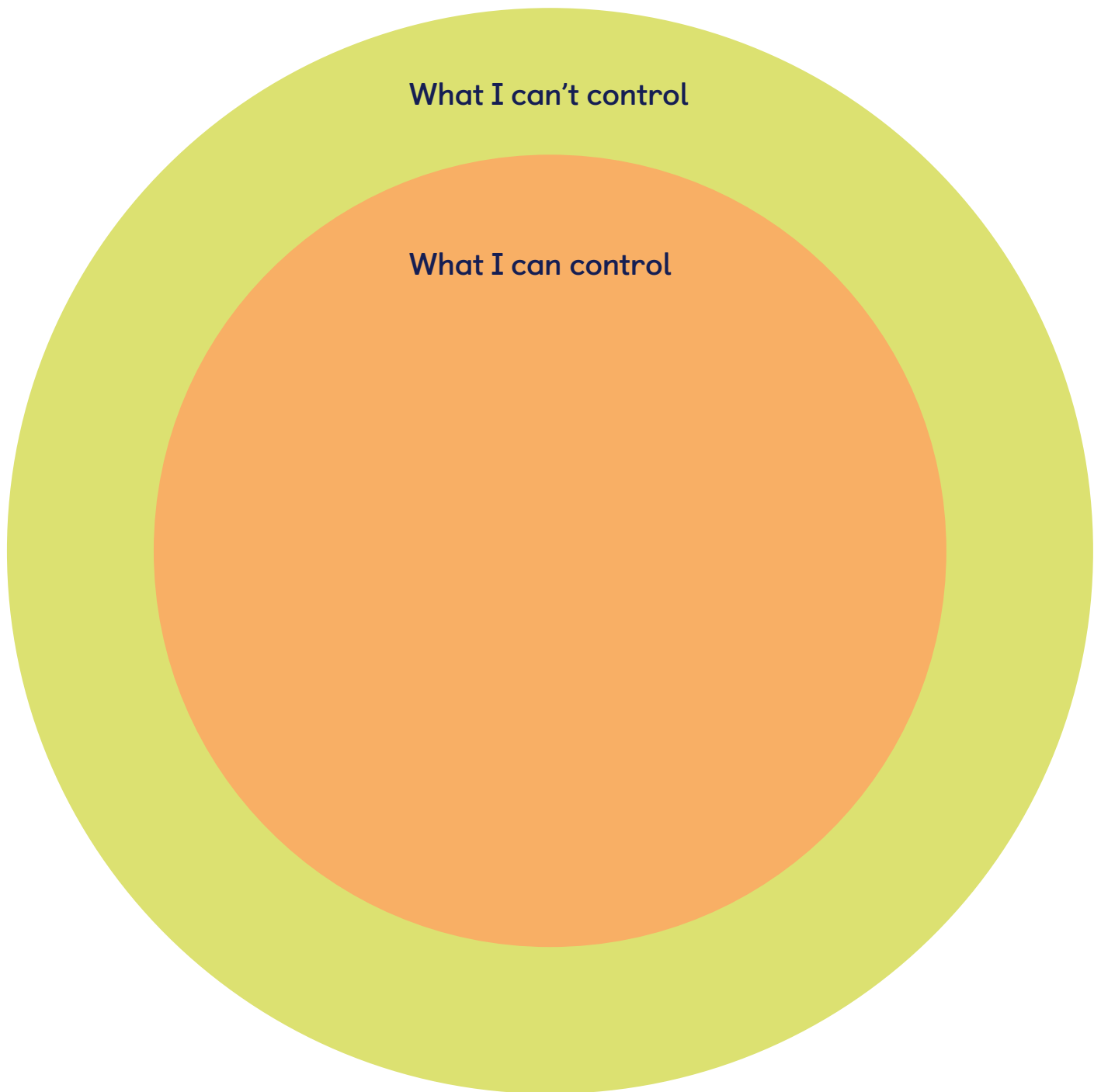
Caring

Funny

## 2. Friendships – Homework Activity 2

See my eyes and me resource in resource pack

### 3. Self Confidence and Self Advocacy Activity 3 – Circle of control



#### 4. Mood Challenges – Activity 1 emoji templates







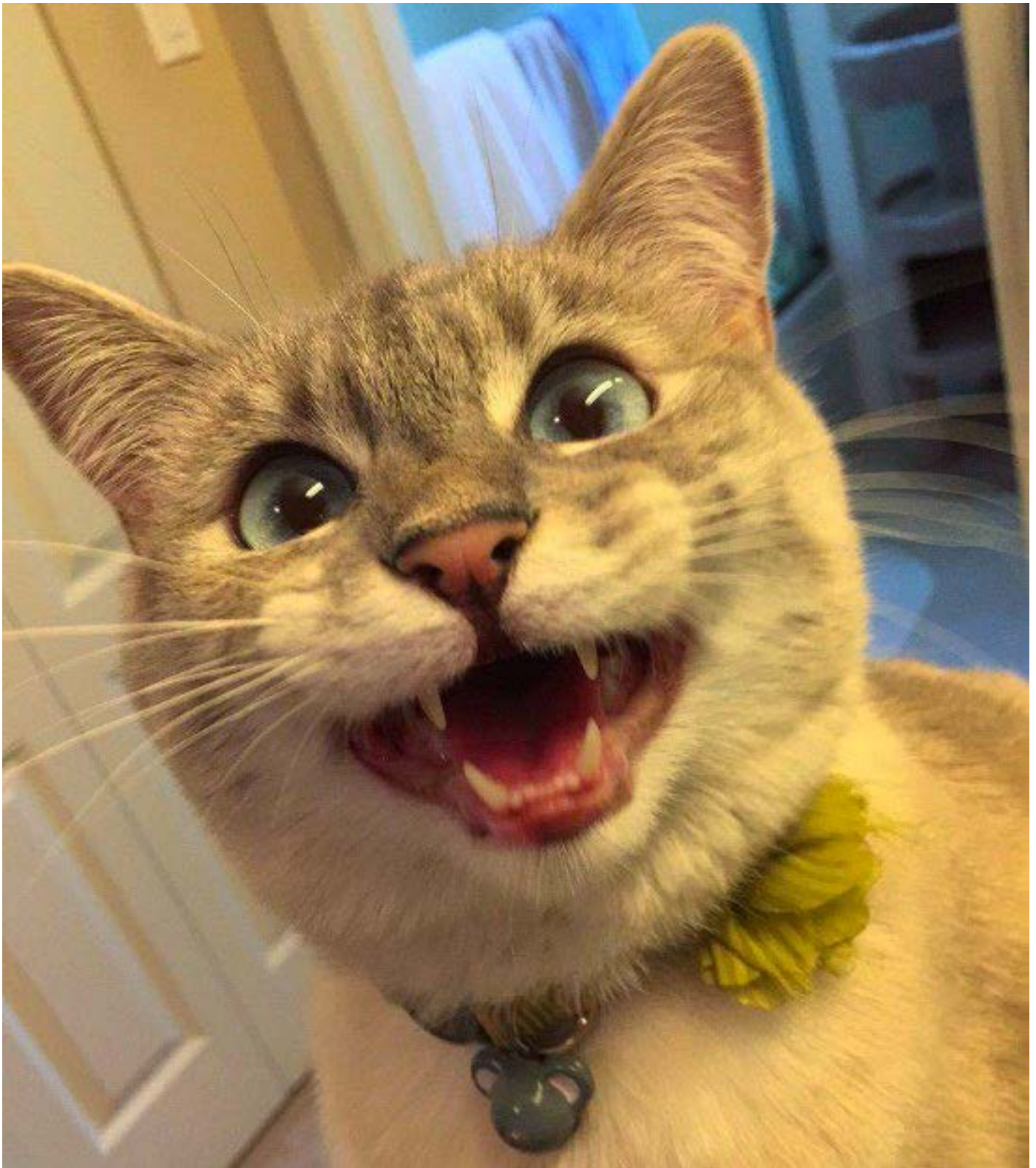






## 5. Coping with Change -Activity 1













What am I looking forward to?



What am I worried about?



## 6. Support with curriculum and specialist equipment – Activity 1

Subject	Rating
Languages, Literacy & Communication (English, Welsh, French, Spanish, German)	 – Not too well   – OK    – Good     – Really well
Reading	 – Not too well   – OK    – Good     – Really well
Spelling	 – Not too well   – OK    – Good     – Really well
Maths & Numeracy	 – Not too well   – OK    – Good     – Really well
Humanities (RE, History, Geography)	 – Not too well   – OK    – Good     – Really well
Expressive Arts (Art & Craft, drama, dance, music)	 – Not too well   – OK    – Good     – Really well
Health & Wellbeing (P.E. & Games)	 – Not too well   – OK    – Good     – Really well
Science & Technology (Science, IT, DT, Food technology)	 – Not too well   – OK    – Good     – Really well

## 8. Parents and siblings

Parents – see Supporting vision impaired children to find their voice in resource pack

See Supporting siblings of children with a vision impairment in resource pack