

GUIDE
DOGS



Scotland

Movement Matters

Habilitation services from
Guide Dogs Scotland



Children and Young People's Services

The Guide Dogs charity supports children and young people with vision impairment and their families. Guide Dogs' children's and young people's services include the full range of services previously provided by our sister organisation, Blind Children UK. We have now fully combined the two charities under the Guide Dogs name.



What can Movement Matters offer your family?

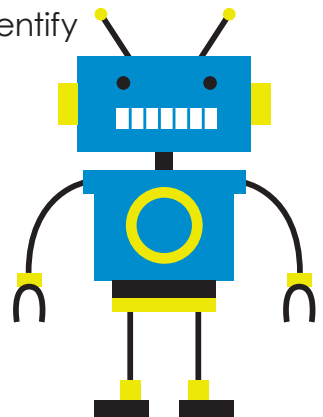
Assessment

We provide information, advice and assessment to ensure we get it right for every child. We can also help by finding other groups and organisations to support you.

Habilitation

Your child may need specific training to help them get about safely and confidently. Even in babyhood, there are skills and techniques to help with your little one's development. If needed and when age-appropriate, Guide Dogs can teach a range of mobility skills such as:

- Understanding body parts and how they move.
- Posture and walking style, how to skip or run.
- Wheelchair mobility.
- Spatial concepts and orientation for example understanding left and right.
- Auditory skills for example using hearing to identify car sounds and to judge traffic flow.
- Maximising listening skills and useful vision.
- Understanding environmental features.
- How to use public transport.
- Cane skills.
- How to learn your way around a new place.
- Road safety including road crossings.
- Use of technology such as GPS.
- Learning how to use your remaining senses effectively.





Skills for Life and other support

Your child may need specific help to reach their full potential - from achieving expected developmental milestones to becoming a more confident and independent young adult.

- Organisation skills such as putting things in the same place each time so that they can be easily found.
- Kitchen skills such as spreading, pouring and food preparation.
- Social skills such as communicating effectively.
- Personal care skills like cleaning teeth or dressing.
- Money management and shopping skills.
- Personal safety.
- Familiarisation visits and transition support for example from secondary school to college.
- Signposting to help you make contact with other agencies and groups.

Movement Matters parents' guidance days

Through these informal, interactive events, we can help you explore possibilities for your child, advise on how you can support them and give you the opportunity to meet other parents in similar situations. Parents' events are led by qualified staff who can answer your questions and signpost you to further information and support.

Other services

Guide Dogs can also offer help with:

- Cutting through the jargon and providing everyday, practical solutions to help you provide the best support for your child.
- Working within the GIRFEC framework.
- Linking our programme to the Curriculum for Excellence.

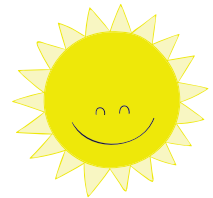
Access Technology

Advice on the most appropriate technology and sensory equipment to help children with a vision impairment study and play.

As part of this service we offer a grants programme enabling children to access the technology they need, where no source of statutory funding is available.

CustomEyes Books®

Large-print recreational and educational books for toddlers to young adults.



Guide Dogs in Scotland works shoulder to shoulder with Local Authorities and other organisations to support children and young people with a vision impairment to reach their potential.



Contact us on:

T: **0345 143 0203**

E: **Scotland@guidedogs.org.uk**

W: **www.guidedogs.org.uk**

**Services for children and young people
with vision impairment**

Registered Charity England & Wales 209617 Scotland SCO38979. 9092 01/17

